



## Bicep

SP-6513

### FEATURES

- Angled arm pad helps to reduce shoulder involvement and maintain focus on Biceps
- Pivoting grip bar adjusts for varying forearm lengths and maintains alignment with axis of rotation
- Seat adjustment is used to align elbows with machines axis of rotation
- 4-Bar linkage seat adjustment mechanism keeps seat in an ideal position

**PRODUCT DIMENSION** | 1010 x 1335 x 946mm / 40" x 53" x 37"

**MAX. USER WEIGHT** | 150kg / 330lb

**PRODUCT WEIGHT** | 100kg / 220lb

**CARTON DIMENSION** | 1040 x 920 x 560mm / 41" x 36" x 22"

