

SEATED ROW

SPIRIT



Seated Row

SP-6503

FEATURES

- Horizontal and vertical hand grips for training emphasis and variety
- Stabilizing handle in the middle to help when performing unilateral rows
- Chest pad is adjustable for user defined range of motion
- Angled seat and chest pad help with proper body positioning

PRODUCT DIMENSION

1576 x 1471 x 1195mm / 62" x 58" x 47"

MAX. USER WEIGHT

150kg / 330lb

PRODUCT WEIGHT

133kg / 293lb

CARTON DIMENSION

1260 x 1090 x 640mm / 50" x 43" x 25"

